



WEEKDAYS MENU // MON-FRI 7AM-3PM
 7357 E 29TH AVE // 303.329.8888
 ETAISCAFE.COM // ONLINE ORDERING

BREAKFAST MON-FRI UNTIL 11 AM

ARTISAN TOASTS

CHEESY SOFT SCRAMBLE* [8.50] veg
 Challah bread, soft scrambled eggs with cheddar cheese & green onion

LOX & CREAM CHEESE [12.95]
 Open faced bagel with herbed whipped cream cheese, lox, pickled cucumbers, capers, hard boiled egg, red onion & green onion

AVOCADO TOAST [8.95] vegan
 Country bread, avocado, sunflower seeds, sprouts, pickled chilis, lemon & olive oil

EGGS & OMELETS

Comes with a side / Available with Udi's Gluten Free bread [2.45]

EGGS ANY STYLE* [12.95] veg
 comes with 2 eggs, choice of meats, toast & choice of side

MUSHROOM SPINACH OMELETTE [11.95] veg
 with swiss cheese and onion

CALIFORNIA OMELETTE [11.95] VEG
 Eggs, cheddar, tomatoes, onions & avocado

DENVER OMELETTE [11.95]
 Eggs, ham, cheddar, onion, and red peppers.

KIDS MENU For kids under 10 years old

Udi's Gluten Free bread (2.45) and corn tortilla (gf) available

BREAKFAST
 MON-FRI UNTIL 11AM
 Comes with side: bacon, sausage or fruit

KIDS FRENCH TOAST [7.49] veg
CHOCOLATE CHIP PANCAKES [7.49] veg
KIDS PANCAKES [7.49] veg
KIDS EGGS* [6.49] veg

LUNCH
 MON-FRI STARTING AT 11AM
GRILLED CHEESE [6.49] veg
BURGER SLIDER [7.49]
 Choose a side: fruit or fries
 Add cheddar [1]
CRISPY CHICKEN TENDERS [7.49]
 Choose a side: fruit or fries

BURRITOS & SANDWICHES

Corn tortilla available (gf)
 Add [1.75] for croissants. Available on Udi's Gluten Free bread [2.45]

ETAI'S BURRITO [8.95]
 Eggs, potatoes, cheddar & green chile

JUAN'S SMOTHERED BURRITO [10.95]
 Eggs, potatoes, and cheddar smothered with green chile, cheddar, lettuce, pico de gallo and sour cream.

SMOTHERED VEGAN BURRITO [9.95] vegan
 Potatoes, black beans, mushrooms, red pepper, onion, spinach, green chile, lettuce, pico de gallo, avocado

CROISSANT BACON, EGG & CHEESE [8.50]
 Egg, cheddar, aioli, bacon on croissant

SOUTHWEST [9.25]
 Egg, bacon, cheddar, tomato, avocado, chipotle aioli on jalapeno bread

THE QUEBEC [8.50]
 Applewood smoked ham, Swiss, egg, spinach and chipotle aioli on sourdough bread

ETAI'S [8.50]
 Egg, cheddar, aioli and choice of sausage or avocado on brioche

BOWLS & PLATES

BG BOWL* [11.95] gf - **NEW**
 Over medium eggs, potatoes, red onion, mushrooms, red papers, chorizo, green onion, cheddar cheese, green chile

THE JUSTIN BREAKFAST BOWL* [13.95]
 Brown rice, roasted squash, kale, scallions, parmesan cheese, bacon, lemon parmesan, breadcrumbs with a sunny side up egg

MEDITERRANEAN BREAKFAST PLATE [11.95] veg
 Hummus with tahini, tomato & cucumber salad, hard boiled egg, feta cheese, kalamata olives & pita bread

PALEO BOWL* [11.95] gf/paleo
 Over medium eggs, sweet plantains, chorizo, green chile, pico de gallo & avocado

BREAKFAST SIDES (Add to any meal)

ADD \$3.50: Home fries / Fresh Fruit / Toast

ADD \$2.50: Bacon / Sausage / Chorizo

COFFEE / PASTRIES / SMOOTHIES

SWEET & YUMMY

FRENCH TOAST [11.95] veg
 Made with challah. Comes with fresh berries & maple syrup

NEW NUTELLA FRENCH TOAST [12.95] veg
 Nutella, bananas, strawberries, powdered sugar, syrup on the side, made with challah

GRANOLA & YOGURT [7.95] veg
 Greek yogurt, granola, honey, mixed berries

AÇAÍ BOWL [11] veg/gf
 Açaí juice, mango and pineapple topped with peanut butter, fresh bananas & strawberries, granola, bee pollen & greek yogurt

PANCAKES [7.95/10.95] veg
 Short Stack / Large Stack

*These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

SANDWICHES

Comes with choice of side // Available on Udi's Gluten Free bread [2.45]

COUNTRY GARDEN SANDWICH [13.50] vegan

Country bread, tahini sauce, avocado, tomatoes, pickled cucumber, roasted red peppers, shaved fennel, shaved carrot, arugula, sprouts, red wine vinaigrette

TUNA MELT [14.95]

Buttered sourdough bread, tuna fish salad, Swiss cheese, roasted red peppers, tomato, arugula

TURKEY & ARUGULA [14.95]

Country bread, turkey, house made pickles, Swiss cheese, aioli, arugula, lemon, olive oil

CHICKEN BASIL [14.95]

Chicken breast, bacon, gouda, roasted peppers, basil and aioli on ciabatta

ETAI'S FAMOUS FRENCH DIP [14.95]

Shaved beef rib-eye, gouda cheese, caramelized onions and aioli with beef au jus on ciabatta

JALAPEÑO CHEDDAR TURKEY [14.95]

Turkey, bacon, avocado, tomato, lettuce, cheddar, chipotle aioli on jalapeño bread

BURGERS

Comes with choice of side

Available on Gluten Free bun [2.45]

THE CLASSIC BURGER* [12.95]

lettuce-tomato-pickle-onion

THE JOKER* [13.95]

Mushroom-bacon-gouda cheese, mixed greens

FRIES SMALL/4.95 LARGE/6.95

FRENCH FRIES gf/vegan
tossed with sea salt

SWEET POTATO FRIES
tossed with sea salt

THE U.F.C BURGER* [13.95]

Chipotle aioli-cheddar-pickled jalapeno-carmelized onion burger

PITA SANDWICHES

Comes in our Israeli artisan pita and with choice of side

GYRO [14.95]

Lamb and beef gyro, feta cheese, romaine, tomato, cucumber, onion, fresh herbs, garlic yogurt sauce

CHICKEN SHAWARMA [14.95]

21 spice roasted chicken, romaine lettuce, tomato, cucumber, onion, pickles, fresh herbs, garlic yogurt sauce // Add feta cheese [2]

FALAFEL [13.95] vegan

House made falafel, house hummus, romaine lettuce, tomato, cucumber, onion, pickles, fresh herbs, tahini sauce

HUMMUS BITES

MEDITERRANEAN ISRAELI PLATE [11.95] gf/vegan

Hummus with tahini, tomato & cucumber salad, hard boiled egg, feta cheese, kalamata olives & pita bread

HUMMUS & FALAFEL [9.95] with Israeli pita / vegan

6 FALAFELS [6.45] with Tahini Sauce /gf/vegan

HUMMUS [7.45] with Israeli pita / vegan

CHOICE OF SIDES

FRIES gf/veg

POTATO SALAD gf/veg

MIXED GREENS gf/vegan

KETTLE CHIPS gf/vegan

ADD \$2.75 FOR:

SWEET POTATO FRIES gf/veg

CUP OF SOUP gf or veg

SEASONAL FRUIT gf/vegan

DAILY SOUP

made daily in our kitchen
gf/veg CUP [4.95] // BOWL [7.95]

Add Protein to Salad and Bowls:

SALMON (\$6) CHICKEN (\$3.95) AVOCADO (\$2.5)

SALADS

All salads served tossed with dressing and comes with bread
Change artisan bread to Udi's Gluten Free bread [2.45]

POWER SALAD [13.95] vegan - NEW

Kale, quinoa, fire roasted corn, roasted beets, blueberries, edamame, toasted walnuts, champagne dressing

GREEK SALAD [13.95] vegetarian

Romaine, cherry tomatoes, cucumber, red onion, kalamata olives, feta, marinated chickpeas, breadcrumbs, oregano vinaigrette

ARUGULA, QUINOA & AVOCADO [13.95] vegan

Arugula, frisee, radicchio, quinoa, avocado, marinated chickpeas, cucumber, dried apricots, sliced almonds, orange balsamic

ASIAN NOODLE SALAD [14.95]

Napa cabbage, romaine, crispy wontons, crispy rice noodles, Asian pear, scallions, chicken schnitzel, almonds, sesame ginger dressing

CLASSIC COBB SALAD [15.45]

Romaine lettuce, chicken, bacon, avocado, cucumber, tomato, scallions, egg and blue cheese with ranch dressing

BOWLS

ADAM & EVE [13.95] - **NEW**

Grilled chicken, rice, quinoa, pears, goat cheese, candied cashews, butternut squash, kale, lime vinaigrette dressing

TOKYO SALMON BOWL [15.95] - **NEW**

Salmon, brown rice, edamame, kale, steamed brussel sprouts, nori, sesame seeds, shaved carrots, crispy onions, sesame dressing

BUFFALO CHICKEN BOWL [13.50]

Grilled chicken, brown rice, roasted brussel sprouts, butternut squash, celery, blue cheese, ranch and buffalo sauce

THE JUSTIN BOWL [14.50]

Roasted chicken, bacon, brown rice, steamed kale, steamed butternut squash, scallions, black pepper, gouda cheese, garlic bread-crumbs, lemon parmesan dressing